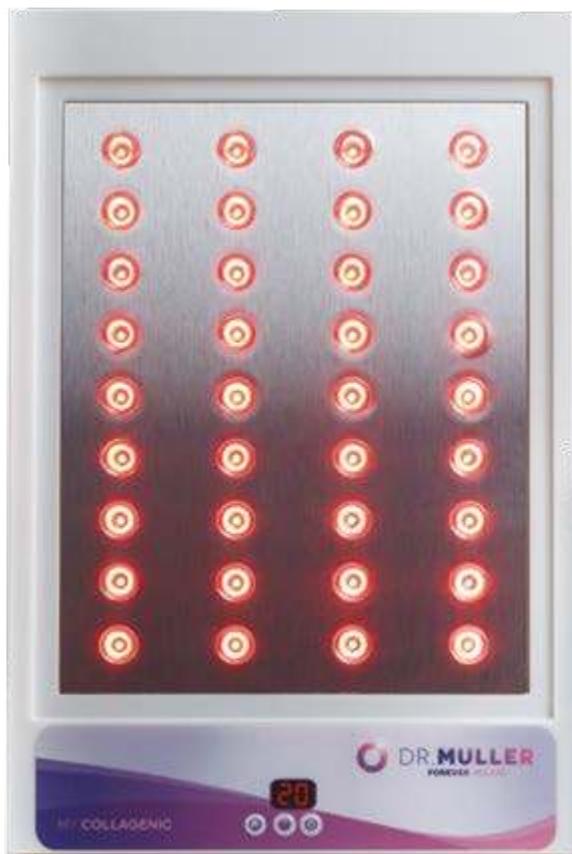




DR. MÜLLER
FOREVER YOUNG



MY COLLAGENIC MANUAL

INTRODUCTION

Congratulations with your new My Collagenic. With this portable light therapy device you will enjoy a range of benefits to reveal a radiant, revitalised and refreshed skin. Thanks to the scientifically proven light therapy you will have Forever Young skin results.

This manual contains information about how to use My Collagenic and its technical specifications.

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WHAT'S INSIDE?

In the Dr. Müller box, you will find the My Collagenic, a manual, two protection goggles and the power supply for your device.



My Collagenic



My Collagenic
Manual



• 2x Goggles



• Power supply cable

WHY LIGHT THERAPY?

- What if you can enhance your skin with the help of natural UV-free light?
- What if you can have a smooth, tight and younger looking skin without using creams with questionable ingredients?
- What if you can achieve all this within the comfort of your own home or office in just twenty minutes, 3 times per week?

Dr. Müller has found the answer. It is scientifically proven that light therapy based on natural UV-free light can help you get and maintain a healthy and beautiful complexion.

Our light therapy is already very successfully implemented into the Dr. Müller professional light therapy devices. But now professional results can also be achieved with our more accessible and compact My Collagenic appliance.

Fitted with 36 Diamond Power LEDs, special light diffusing lenses, digital timer and attractive design, you can now enjoy this unique and relaxing skin enhancement session everywhere you want. It is amazing what your skin can do with a little help of natural light.

IS IT SOMETHING FOR ME?

- For everyone - from 16 up to 90 years old, and all genders.
- All skin conditions - dry, normal, oily or a combination of skin.
- Fast - only 20 minutes, three times per week.
- Results - scientifically proven results within only ten sessions.*
- Emits only natural light - no ultraviolet light involved.
- Minimal discomfort - provides a warm and calming experience.
- Portable, compact and easy to use.
- Experience a unique way of improving your health, skin and beauty.

**Individual results may vary*

WHY DR. MÜLLER

- Enjoy a Forever Young feeling and appearance.
- Manufacturer of scientifically proven beauty and health devices.
- 40+ years of experience in the field of light therapy for skin improvement.
- The groundbreaker of light therapy devices with three beneficial light sources combined into one innovative device.
- All our products are Made in The Netherlands (EU).



BENEFITS OF MY COLLAGENIC

Diminishes lines and fine wrinkles and leads to visible anti-ageing

The renewal of the collagen and elastin cell production increases the support of your skin tissue, causing fine lines in the skin to disappear and wrinkles to become less visible.

Makes your skin soft and tight

Studies indicate your skin feels softer and tighter after taking sessions with My Collagenic. On top of that, an improvement in overall tone, softness, smoothness, clarity and firmness was also reported.

Oxygenation and detoxification of your skin

Light at 633 nanometres increases the transfer of energy between your skin's light absorbing molecules. The activated molecules cause your skin to react by increasing the oxygenation and detoxification of your skin.

Increases Wound Healing

Collagenic light enhances the rate of cellular regeneration. Therefore, injuries and injured skin tissue recover faster when treated with red light at 633 nanometres.

Reduces pore size

Research has proven that a significant number of people have noticed a reduction of pore size after being exposed to collagen light.

For more benefits, please read the light specific chapters in this manual or visit My.DrMuller.com/Science.



COLLAGENIC LIGHT

How does the Dr. Müller Collagenic Light work?

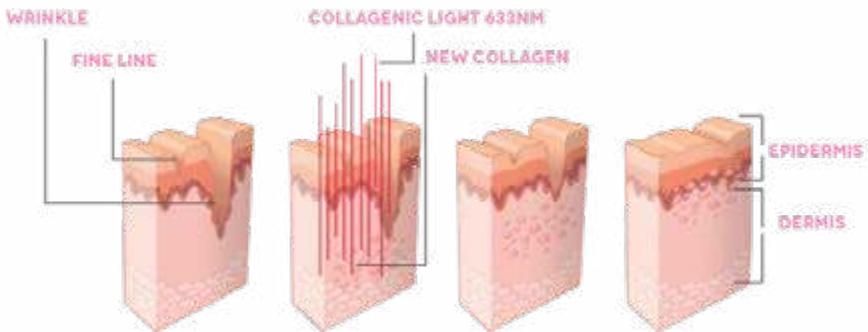
Collagen is a human protein made by fibroblast cells in the dermis layer of the skin. Skin is supported by underlying collagen and elastin, because these proteins are responsible for the tightness, elasticity and suppleness of the skin.

Research proves that during the course of the aging process, especially after the age of 30, the skin loses its ability to produce the collagen protein. As a consequence lines and fine wrinkles appear. Pure, non-laser red light stimulates the body's own natural process to form new collagen and elastin proteins.

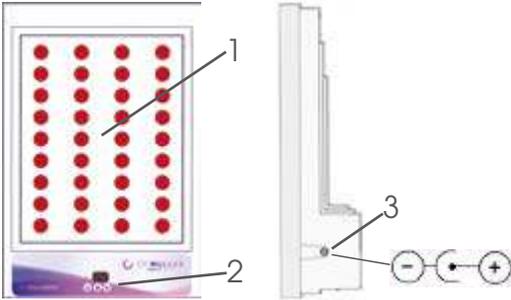
The best type of light is to be found at a wavelength of 633 nanometres. This type of red light reaches the deepest layer of the skin, delivering energy to the cells to stimulate a response from the body to use the energy itself.

Therefore this rejuvenation method is far more effective to increase the production of collagen protein compared to using collagen creams. Because these creams only reach the top layer of the skin and do not get through to the lower dermis layer where the collagen is produced.

The result of My Collagenic is a firm skin with reduced lines, a younger appearance and healthier look.



MY COLLAGENIC PRODUCT SETUP



- 1 • My Collagenic unit with 36 Diamond Power LEDs.
- 2 • Button and display foil.
- 3 • Power connection 12v.

Normal use



Connect the Power supply to a socket. The display will give a default time: 20 minutes. Push the **start** button  to begin your session. The lights will turn on and the time will decrease.

Change default time



When the display shows the default time (20 minutes*), push the button: **Pr**

The screen shortly shows: **H**



Change the default time with **+** and **-** until the desired time is shown on display.

Push button: **Pr** again, where after two lines appear. The timer is set to your desired time.

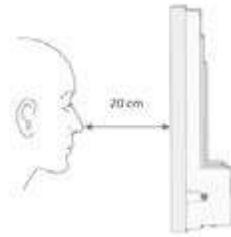
* Please note that the default time (20 minutes) is the maximum advisable treatment time. We recommend not to exceed this maximum time.

USER INSTRUCTIONS

My Collagenic is a facial light device that emits red light for rejuvenating and smoothing your skin. This scientifically proven therapy ensures to give you a healthier and younger looking appearance. Plus it will make you feel energised.

Experience a unique way of improving your health, skin and beauty. To get the desired results out of a My Collagenic session, please notice the following instructions.

- Remove cosmetics well in advance and cleanse your face and neck area.
- Men should shave before treatment, as facial hair can interfere with the treatment. The facial area under a beard or moustache cannot be treated.
- Expose as much of the skin of your face and neck area to the light.
- Put My Collagenic at a stable surface, like a table or desk and connect the power supply cable of the device to a wall socket.
- Sit in a comfortable position in front of My Collagenic and place your face at a distance of 20 centimetres.
- Put your goggles on. When operating the My Collagenic it is recommended not to look straight into the lights.
- Turn the device on by pressing the start button.
- Relax and enjoy your session.
- After 20 minutes - or other installed time - the device will turn off automatically.
- After a session, you can use the Dr. Müller Collagenic Bodylift Elixir to enhance the effect of My Collagenic.
- Store the My Collagenic in its original Dr. Müller box.



ADVISABLE TREATMENT PROGRAM

My Collagenic Starter program

Two to three sessions of 20 minutes per week, and for 10 to 12 consecutive weeks. It is advisable to spread the sessions evenly throughout the week. This initial program has been developed to achieve the desired result from the Collagenic light. It is, therefore, our advice that you complete this starters program.

My Collagenic Maintenance program

One session of 20 minutes per week. It is recommended when you have finished the starter program that you follow the maintenance program in order to maintain the result achieved with the starter program. The device has been designed for home use, so that the My Collagenic can become a part of your healthy lifestyle.

SAFETY NOTIFICATIONS

- Read the user instructions and safety notifications before using this product. Or consult the attendant or your Dr. Müller distributor for further information.
- Follow the recommendations concerning the exposure duration and exposure intervals.
- The supply voltage (V) and frequency (Hz) must agree with the information given on the device type plate. A copy can be found in the Specifications chapter in this manual.
- Before servicing My Collagenic remove the power supply cord or isolate from the main supply.
- Never use this device when the timer is faulty.
- Always use the provided protective goggles.
- We recommend a maximum exposure of 20 minutes per session and a maximum of 20 sessions a month.
- If by any case you experience unexpected side effects, for example, itching within 48 hours of the first session, medical advice should be sought before further exposure.
- Water and electricity are a dangerous combination. Do not place My Collagenic in a humid room or near water facilities like a shower or swimming pool.

- The appliance is not to be used by children or people with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction.
- Do not remove the cover under any conditions. There are no user serviceable parts inside. Never operate this unit when its cover is removed.
- Never plug this device into a dimmer pack.
- Always be sure to use this unit in an area that will allow proper ventilation. Allow about 15 centimetres between the device and a wall.
- The device is intended for indoor use only, use of this product outdoors voids all warranties.
- Always place the unit in a safe and stable manner.
- Power-supply cords should be routed so that they are not likely to be walked on or pinched by items placed upon or against them, paying particular attention to the point they exit from the unit.
- The device should be cleaned with a dry cloth.
- Do not use the device for over 20 minutes on one treatment area.
- After the session, unplug the power supply from the light unit and wall socket.
- Only use the appliance in combination with the adapter supplied and do not use the device or the adapter if it is damaged or broken to avoid injuries.
- If the adapter is damaged, always have it replaced with one of the original types to prevent a hazard.
- The adapter contains a transformer. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation.
- Do not insert metal-containing material into the socket for the small plug to avoid short circuiting.
- If you wear jewellery or glasses, take them off before you use the appliance, or make sure that you do not use the device on or near jewellery or glasses.
- Please note that the condition of the skin varies throughout the year. For example, facial skin can get drier during the winter season. In that case, you may adapt the treatment time, depending on the needs of your skin.
- After using My Collagenic store it back in the provided box.
- Do not place anything heavy on top of the box.
- Do not throw away the appliance or its parts with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.

FREQUENTLY ASKED QUESTIONS

Is it safe to use My Collagenic?

My Collagenic is safe to use according to the photo-biological safety standards. The effect is similar to that of the natural light on a sunny day, but without the UV rays associated with sunlight. My Collagenic is safe for eyes and skin, however, we do advise to wear goggles during treatment. We do not recommend to look directly into the light for too long for comfort reasons.

Is My Collagenic suitable for me?

My Collagenic works effectively, easily and safely on most skin types. It works on skin tones from very white to very dark skin. Concerning skin types, whether you have dry skin, normal skin, oily skin or a combination of these skin types, all are suitable to be treated by My Collagenic. My Collagenic can help in the treatment of certain skin conditions, like acne and eczema. However, if you are not sure, please consult a doctor.

Why do I need to use the provided goggles?

As the area around the eyes are very sensitive, we recommend to use the provided goggles to avoid the risk of any eye damage.

Can I use My Collagenic during the summer months?

Yes. My Collagenic can be used throughout the year, including in the summer months. There are, however, precautions to be taken before and after tanning or sunbathing.

- Tanning before using My Collagenic:
 - Wait at least 24 hours after tanning before you use My Collagenic.
 - Do not use My Collagenic if you have sunburned skin and for as long as the sunburn persists.
- Tanning after using My Collagenic:
 - Your skin may be more sensitive directly after treatment, therefore sunbathing or taking a tanning session within 24 hours is not recommended.

When will I see results?

Your skin is just as individual as you are and therefore everyone's skin reacts differently. This is mainly dependent on your age, your lifestyle and your diet. There are immediate changes to the skin such as cleaner, brighter and tighter feeling skin. On the longer term lines, fine wrinkles age spots and sunspots will diminish.

How long will the results last?

The results depend upon the length of therapy and the original conditions of the skin being treated. If maintenance program sessions are discontinued, natural expression lines will gradually return over the course of time. The My Collagenic starter program can always be started again when you are at this stage.

Do I have to prepare my skin before taking a session?

For the best results, your skin should be thoroughly washed and cleansed, prior to enjoying a My Collagenic session. By doing so the light will not be blocked by any particles which can reflect the red light. It is not necessary to use a lotion, but it is preferable to keep your skin smooth.

Visit My.DrMuller.com for more frequently asked questions. Is your question not answered? Contact us via e-mail or through our social media channels.



TECHNICAL SPECIFICATIONS

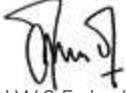
| | | | |
|------------------|--------------------|-----------------------|---------|
| Collagenic Light | Red light - 633 nm | 60-70 lm | 36 LEDs |
| Power supply | input | 200-240 Volt | |
| | | 1,2 A max. | |
| | | 50/60 Hz | |
| | output | 12 Volt | |
| | | 5000 mA | |
| | | 60 Watt | |
| Unit power | | 12 Volt | |
| | | 41 Watt | |
| Humidity | non-condensing | 10% - 85% | |
| Temperature | Storage | -25°C to 55°C | |
| | Use | 5°C to 35°C | |
| Timer settings | Default | 20 minutes | |
| | Max. | 60 minutes | |
| Dimensions | Unit (LxWxH) | 26 x 10,5 x 38,6 cm | |
| | Box (LxWxH) | 28,3 x 12,3 x 41,5 cm | |
| Weight | Unit | 2,7 kg | |
| | Unit + Box | 4,3 kg | |

DECLARATION OF CONFORMITY

We, Dr. Müller International, Granaatstraat 6, 7554 TR Hengelo, The Netherlands, declare that My Collagenic is in conformity with the with the actual version of the mentioned normative documents.

IEC-Directives: Low voltage directive 2014/35/EU
Electromagnetic compatibility directive 2014/30/EU

Issued by:



J.W.S Fabels

CEO Dr. Müller International
Hengelo, April 2017



According to the standard 60335-2-27, My Collagenic comes with two protective goggles that meet the above standard. My Collagenic generates electromagnetic waves with a wavelength between 400 and 780 nanometers, which is covered by visual radiation, also known as VIS rays.

We recommend to always use the provided protective goggles when you turn on My Collagenic. Protective goggles are only an extra protection, close your eyes during irradiation and open them only when operating the device.



Disclaimer - Dr. Müller pays close attention to the quality of its products. This also applies to the information in this manual. Dr. Müller reserves the right to change the content of this manual at any time. Though Dr. Müller strives to always display the correct texts and images in her manuals, errors can occur. We cannot be held responsible for any errors in writing or printing. We kindly ask you to report any discrepancies using the contact details at the back of this user manual. Thank you.

WARRANTY

Limited two-year warranty

Dr. Müller sells its products with the intent that they are free of defects in manufacture and workmanship for two years from the date of original purchase, except as noted below. Dr. Müller warrants that its products will be free in material and workmanship under normal use and service.

If there is a problem with your unit, please first contact your retailer to inquire about a return/replacement. If it is beyond the terms of their Return Policy then contact Dr. Müller for further warranty instructions.

Dr. Müller International

My Dr. Müller Customer Service

Granaatstraat 6

T: +31 (0)74-2912215

7554 TR Hengelo

E: info@drmuller.com

The Netherlands

W: My.DrMuller.com

CONTACT DETAILS

Want to stay up to date about Dr. Müller and our Forever Young product range?

Connect with us via our Social Media accounts:

Facebook: [Facebook.com/DrMullerInternational](https://www.facebook.com/DrMullerInternational)

Twitter: [Twitter.com/DrMullerInt](https://twitter.com/DrMullerInt)

Instagram: [Instagram.com/DrMullerInternational](https://www.instagram.com/DrMullerInternational)

Pinterest: [Pinterest.com/DrMullerInt](https://www.pinterest.com/DrMullerInt)

- Share your experiences and results with the My Beauty Light with us via [#MyDrMuller](#) and [#MyExperience](#).
- Stay up to date by registering to our [newsletter](#) via My.DrMuller.com/Newsletter.

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